



2020/2021 Return to Hockey

Partnership Plan: Kawartha Minor Hockey Association and Lindsay Minor Hockey Association

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Partnership Plan Overview

Kawartha Minor Hockey Association (KMHA) and Lindsay Minor Hockey Association (LMHA) are partnering to provide a safe and fun hockey experience for their members for the 2020/2021 hockey season.

Disclaimer

This plan is to provide direction and information for the upcoming 2020/2021 season. Rules and regulation have been outlined in this plan to help participants and coaches start their season. These items may change quickly so please monitor the website for any updates. The rules and regulations provided in this plan are not to replace common sense which should always be exercised. As always, all participants should show respect towards fellow participants and their coaching staff.

Game play

Associations and their members are to review and follow the below guidelines released by our governing bodies.

- Hockey Canada Return to Hockey Safety Guidelines. Click on the following link to review this document.
https://cdn.hockeycanada.ca/hockey-canada/Exclusive/return-to-hockey/downloads/HC_RTH_Safety-GUIDELINES_EN.pdf
- Ontario Hockey Federation Return to Hockey Framework. Click on the following link to review this document.
https://www.ohf.on.ca/media/l3pair4n/ohf-return-to-hockey_0731.pdf
- COVID-19 Return to Sport Guidelines

Health and Safety

Each arena has its own specific guidelines to be followed.

See Appendix A for Phase 2 protocols for ice use within the City of Kawartha Lakes. See Appendix B for the map outlining entrance, flow of traffic and designated areas for Emily-Omemee Community Centre.

See Appendix C for the map outlining entrance, flow of traffic and designated areas for the Lindsay Recreation Complex.

The City of Kawartha Lakes has yet not released Phase 2 diagram and map. Both arena maps attached are Phase 1. Phase 2 will be included once it is released.

Environment and Expectations

- Arrive at the facility at a designated time 10 minutes before ice time. Do not arrive early.
- Leave the facility immediately following ice time. Do not stay beyond the designated time (no more than 10 minutes after contracted ice time).

- Arrive partially dressed and enter the assigned dressing room to prepare to go on the ice.
- Physical distancing of two (2) metres (six feet) will be maintained before, during, and after hockey - related activities, except where otherwise stated in Hockey Canada's Safety Guidelines and/or the Ontario Hockey Federation's Return to Hockey Framework.
- We recommend only one parent or caregiver accompany a player to a hockey-related activity.
- For participants 10 years of age and younger one parent/assistant can enter the facility to help put on/remove skates and helmet.
- We encourage parents and guardians of players at levels U11 and above to not enter the facility unless necessary.
- A limit of 25 spectators will be permitted per ice time. It is suggested that the spectators consist of one person per on-ice participant. Spectators must physically distance and adhere to the posted markers.
- We encourage hockey-related activities (including parent meetings and administrative procedures like registration) be conducted electronically. Weather permitting, meetings should be held outside.
- Mask/face covering must be worn while in the facility, except for on-ice activity. Bench staff must wear a mask/face covering. All spectators must wear a mask/face covering.
- Follow facility traffic flow plan. Signage and physical distancing markers have been posted.
- Showers will not be available for use while in the dressing rooms.
- Mask/face covering must be worn while in the dressing room. Physical distancing must be maintained while in the dressing room. Physical distancing markers have been posted.
- Two dressing rooms will be assigned per ice time booking.
- No loitering in any area of the facility. Spectators must vacate the facility immediately upon completion of the participant ice time. (This does not include those that are helping a participant aged 10 or under).
- All user groups must record attendance (participants, participant assistants, spectators, officials and bench staff) for each ice rental. This list may be requested by City of Kawartha Lakes staff or Health Unit officials at any time for contact tracing.
- No more than 25 participants including all coaching staff are permitted on the ice. Off ice warm-up activities are not permitted within the facility. No outside food permitted. Individual water bottles are permitted.

Equipment

- Water bottles must be filled at home and labeled with the players' name. Sharing of water bottles is prohibited.
- The sharing of hockey equipment is prohibited.
- Where possible, players and bench staff should plan to arrive and depart the facility dressed in their hockey equipment.
- While on the ice, players and team officials must always leave their helmet and gloves on.
- Mask/face covering must always be worn by players and bench staff. Mask/face covering can be removed during physical activity.
- To limit touch points during and after hockey-related activities, bench staff should keep, distribute, and collect each piece of on-ice equipment that belongs to their team (e.g. coaching whiteboard, cones, pucks, etc.). Team officials' responsibilities include: minimizing gatherings while instructing from the whiteboard, and keeping participants physically distanced as much as possible.

Head COVID-19 Board Representative

The Association will have a designated communications officer. They will be responsible to ensure all updated and relevant information is passed on to all members of both KMHA and LMHA. Information monitored by the communications officer will be passed along to administrators, officials, team staff, volunteers, parents and players to ensure all members have the most up to date information required to provide a safe and enjoyable return to hockey.

The responsibilities of the communications officer will include:

- Monitoring all relevant updates from the public health authorities.
- Monitoring all relevant updates from the OMHA, OHF and Hockey Canada
- Communicating with local facilities on guidelines and updates
- Ensuring teams are following the prevention guidelines set out by the PHA
- Ensuring any COVID-19 cases are reported as required by the City of Kawartha Lakes, Public Health Authorities, OHF, OMHA, OHA and facility operations.

The communications officer will have continuous communication with all members regarding safety guidelines and regulations, covid-19 updates, and facility updates.

Parent / Coach / Facility Meeting

The Head COVID-19 Board Representative will contact all the parents, coaches and the arena staff prior to first ice time. The parents will be contacted to inform of the rules and regulations outlined in the proposal. The coaches will be informed of the protocol

and guideline set out in the proposal. The Head COVID-19 Board rep will meet with the facility staff to establish a line of communication should any issues arise.

COVID-19 screening

- The Head Trainer (or appointed Head COVID-19 Representative) on each board will ensure that all the necessary info and COVID-19 updates are communicated with each Head Coach.
- The manager of each team will be the designated COVID-19 Representative at the arena.
- Anyone entering the building will wear a mask/face covering.
- Each player, coach, bench staff and spectator (anyone entering the building) will complete a COVID-19 screening before entering the building. The screening is found on each association's website.
- The Manager (COVID-19 Representative) will be located at the entrance of the building.
- Once the player has completed the test, they will show it to the Manager at the door. They will only be able to enter if they answered no to every question. The completed COVID-19 screening will be saved on the system and emailed to the designated Head COVID-19 Rep on each board along with the Head Trainer. Each association has free Wi-Fi that is accessible just outside the entrance of the building. The website can track all the entries, and this will be used to track contact if a confirmed COVID-19 case happens. These entries will be kept for at least 30 days. Records will remain confidential and will be kept in a locked file until they are able to be shredded.
- The manager of each team will have a list of eligible players, bench staff and volunteers that will be allowed in the arena and on ice at each entry. Attendance will be taken at each ice time. Phone numbers of a contact for each player will be taken in case of an emergency. Each manager will keep track of the paper attendance along with taking a picture of it and send it to the Head Trainer. This will be done on the iPads located at the arena. The Manager will be responsible for wiping down and disinfecting all equipment used. The Manager will be responsible to ensure that all those that enter the arena, adhere to the City of Kawartha Lakes protocol.
- For details on the Health Unit outbreak protocols, see section "If a Player is Sick".
- See Appendix D for a copy of OHF In Session Health Screening attendance sheets.
- See Appendix E for the OHF health questionnaire (also posted on both associations' website).

COVID-19 Team Representative Responsibilities

- This person is responsible for the following tasks and cannot be on the ice providing instruction
- Maintain a log of all people who enter the facility, including name, contact information, date and time (includes all participants, assistants, spectators, volunteers, bench staff and officials) to facilitate contact tracing. Municipal and/or Health Unit staff may request the list up to 30 days after the booking. Take a picture of the log and send it to the COVID-19 Representative on the board.
- Perform active screening of participants/people entering facility prior to or upon entry. Record the answers to the screening questions and based on the responses allow people to enter the facility. Municipal and/or Health Unit staff may request the response log up to 30 days after the booking. Please refer to the Health Unit poster - “Are You Sick?” for the screening details.
- Ensure all participants utilize the designated entrance and exit areas. Ensure the assigned dressing rooms are used by the participants. Plan to coordinate the participants according to the maximum number of people permitted in a dressing room. ‘Buffer’ zones may be available in some facilities. Ensure the user group is adhering to physical distancing standards. Ensure there are no more than 25 on-ice participants including all coaching staff during the rental. Ensure there are no more than 25 spectators.
- Ensure each participant/person is wearing a mask/face covering as they enter the facility and while in the building excluding while on the ice.
- Ensure the user group is adhering to the ice pad traffic flow plan and spectator physical distancing markers.
- Plan to have all participants/people ready to enter the building no earlier than 10 minutes prior to the ice time. It is suggested that, ensuring physical distancing, the group prepare to enter the facility at one time. Once attendance and screening logs are completed outside of the facility, the group would enter the facility ready to go on the ice.
- Ensure that all participants have vacated the dressing room(s) no later than 10 minutes after the ice time is completed. Loitering in any area of the facility is not permitted. Spectators must leave the facility immediately following the completion of the ice time.
- Ensure the user group is acting in accordance to the government’s reopening framework that states: “leagues must contain no more than 50 participants in total. If participants in a league exceed 50, the league may divide into smaller groups of no more than 50. Players are not yet permitted to play against players outside of their league or group.”
- Ensure that all municipal and provincial protocols are being followed.

- Collect the iPad and wipe down with disinfecting wipes kept in the lock box after each use.

If a Player is Sick

If an attendee becomes sick (symptoms according to HKPR health unit) while participating, the following requirements apply:

- While preparing to immediately leave, the symptomatic individual should follow proper hand hygiene and put on a mask/face covering and maintain a 2-meter distance to all others.
- The individual should arrange with assistance from the team coach and team COVID-19 representative for immediate transportation home to begin isolation.
- Once a sick individual has left the facility or event, facility staff should clean and disinfect all surfaces and areas that the individual may have come into contact with.
- The team COVID-19 representative is responsible for contacting all members within the cohort.
- The symptomatic individual may not return to the team cohort, until cleared by a physician or Public Health Unit.
- If you have tested positive for COVID-19: Participants or parents/guardians of participants **who have tested positive for COVID-19** are not required to publicly disclose any medical information, however they will be required to abide by the relevant Public Health Unit's directions. The Participant may not participate in any hockey related activity for 14 days as per Ontario Ministry of Health guidelines and **cannot return to hockey until cleared by the local Public Health Unit**, which is a minimum of 14 days from when symptoms began.
- KMHA and LMHA COVID-19 representative will contact HKPR health unit and report illness.
- In addition, if an attendee answers "yes" to any of the screening questions when arriving at the rink, the COVID-19 outbreak protocol must be followed.

In the event that the organization becomes aware that a member, participant, staff, volunteer or guest that attended a CKL facility was exposed to or contracted COVID-19, the organization must report the incident to the parks recreation and culture division within the next business day and provide all available information for the purpose of contact tracing.

Coaching

All coaches, along with the Coach 2 course, will be equipped with the COVID-19 specific coaching course before going on the ice. This is an online training course. The details will be provided to each coach.

Compliance

There will be zero tolerance with breaching contract agreements as far as players respecting the facility's COVID-19 guidelines. Violations of these guidelines will be dealt with by the individual's Association as they see fit. Release of the member from their membership is a possible outcome. The City can also cancel our ice contract if our members are in violation of this agreement.

Facility

As the COVID-19 outbreak continues to evolve, health and safety is our number one priority. Proactive measures to prepare for and respond to COVID-19 in our community have been identified. To ensure the health and safety of the community cooperation is required from everyone.

Measures being put in place include, but are not limited to, the following:

- Self screening before entering the facility.
- Hand sanitization upon entry and exit of the facility.
- Restrictions on the number of participants and spectators per ice pad.
- One-way entrance into the facility and designated exits using directional floor markers to support physical distancing.
- Enhanced cleaning of the facility following each ice rental. The City employees will be responsible for cleaning and disinfecting the arena between ice times to ensure it is ready and safe for the next group to come in.
- No access to the general public.
- Designated COVID-19 Representative provided by each ice user group. Canteen and Pro-shop may be open for business.

Arrival at the Facility

Each ice pad has been separated into its own rink. Players, team officials, and guardians must only enter the doors permitted for use for each rink. Players, team officials and guardians are not permitted to enter the arena more than 10 minutes prior to their contracted ice time. Each team for allotted ice time will enter as a group, while social distancing.

All players must be dressed as fully as possible (excluding skates and helmets) before entering the arena. Players can bring their skates and helmets into the arena in a small bag and a safe area to continue getting ice ready will be available.

When you get to the arena doors, you must be wearing a mask/face covering and sanitize your hands. You will also be required to have completed the online COVID-19 questionnaire which is located on the Associations website. This questionnaire must be

completed every time you enter the arena. This will ensure we meet the City and public health requirements surrounding contact tracing (OHF Contact Tracing, Appendix “B”).

The team’s COVID-19 representative will be at the arena entrance and will verify that you have completed the COVID-19 health check.

Upon entering the arena, you will follow the team ambassador and the appropriate foot path to where players can continue getting dressed. Players are required to wear their masks until they go on the ice. Players will bring their bags with them on the ice and place them behind the home and visitor’s team player benches. Please refer to the arena maps (Appendix B and Appendix C) for more information.

Requirements For Parents/ Guardians At The Facility

One spectator per player will be permitted to enter the arena with their player. The parent/guardian must always wear a mask/face covering when in the facility and are also required to complete an additional COVID-19 questionnaire health check for themselves. The parent/guardian must be added to the participants list ahead of time to go along with tracing protocols. Parents/spectators will be required to enter the proper arena entrance and stay within their designated pad. Crossing pads is not permitted while in the facility.

Parents are required to:

- Observe safety rules and procedures established by KMHA and LMHA, the facility and the City of Kawartha Lakes.
- Be safety-conscious in all activities inside and outside the facility.
- Report as soon as possible any unsafe condition/risk of exposure to KMHA and LMHA and appropriate public health authorities.
- Effectively use and care for all personal protective equipment.
- If parents/spectators are not feeling well or are exhibiting signs/symptoms of illness, they must advise the KMHA and/or LMHA staff immediately and remove themselves from the facility.

Team On-Ice Responsibilities

COVID-19 Representative must be present at all ice times. This person is someone who does not participate ON the ice during games or practices. All team officials are required to always wear masks unless they are on the ice (no exceptions). When on the ice, coaches should have masks readily available in case there is a situation where social distancing is not possible.

The KMHA and LMHA program for the 2020-2021 season follows our governing bodies’ plans for return to game play with reduced roster sizes and less players on the ice at one time, allowing for more effective on-ice social distancing and on the benches.

Social distancing during on-ice sessions will mean maintaining a “play the puck” attitude. Players and coaches will refrain from adopting a “play the player” mentality. KMHA and LMHA will effectively work with on-ice officials to ensure a safe on-ice atmosphere for all involved.

Coaching staff are responsible for having a practice plan for the allotted ice time; these plans need to always cater to social distancing. Coaching staff are responsible to make sure they have the necessary equipment, are responsible for ensuring players are maintaining social distancing on the ice and maintain cones or markers showing players how to social distance.

Coaching staff need to be aware of signs that a player may be unwell. Team officials are required to have players off the ice at the exact time allocated to prevent too many players in the building (max 25 people on the ice at one time which includes players and coaches). Teams will consist of 9 Players and 1 goalie. A “bubble” can contain a maximum of 5 teams. Teams are restricted to games and practices within that “bubble”. No crossover can occur between “bubbles”.

Hockey Canada discusses their expectations in the following link:

https://cdn.hockeycanada.ca/hockey-canada/Exclusive/return-to-hockey/downloads/HC_RTH_Safety-GUI_DELINES_EN.pdf

Please note the City of Kawartha Lakes, KMHA and LMHA will have “zero tolerance” to any participant, parent or guardian, or coaching staff that does not adhere to the rules and regulations.

Departure from The Facility

Players must depart the arena no longer than 10 minutes after their contracted ice time. At the completion of the players’ ice time, they exit safely (while social distancing) to either their designated dressing rooms OR their designated safe space to remove helmets and skates. Players are not allowed to completely undress in the arena. The player will then check out with the team’s COVID-19 representative; the team will leave the designated rink as a group - the same as how they entered.

Non-Sanctioned Hockey Programming

The [Ontario Hockey Federation Non-Sanctioned League Policy](#) stipulates that “Any individual who participates in a non-sanctioned league after the cut-off date of September 30, 2020 will lose all privileges with the Ontario Hockey Federation for the remainder of that season...”.

Hockey Structure

All periods of hockey are designed to follow Ontario Public Health guidelines. There would also be an ability to move quicker in a certain period or by-pass a period if physical distancing and other restrictions are eased. Conversely, there is the potential to revert back to a period if case numbers of COVID-19 start to rise and there is a

“second wave”. Programming structures suggested by the Ontario Hockey Federation are in Appendix E with suggested playing rules located in Appendix F in the document provided the OHF (see section “Game Play” above for the link to this document).

Registration:

- Registration will remain open.
- Will be collected as per each association in installments.
- Refund policy as per each association.
- Created bubbles to allow flexible registration wherever possible.

House League Style Hockey:

- Start date is October 1,2020.
- Follow the OHF Return to Hockey Framework.
- No tryouts - The board will divide teams.
- Tiered levels - both associations will work together to ensure that the number of teams in each bubble are within the guidelines.
- Associations will work together to ensure that the teams within tiers are as equally matched to incorporate valued play.
- Maximum of 5 teams in bubbles of 50 participants.
- Up to 25 spectators.
- Minimum numbers per team is 6 plus a goalie.
- Maximum numbers per team is 9 plus a goalie.

OHF Stage 3b - 3e (CKL phase 2- 25 max on ice)

U5 - Timbit program - KMHA run one ice time per week for each team separately until the City allows more than 25 people on the ice. Once allowed more than 25 on ice, combine the 2 together.

U5 - Muskies program - LMHA to run as the Future Muskies program. Run one ice time per week for a group of under 10. Requiring one parent per skater and Program Instructor, who will all be insured and have an up to date Vulnerable Sector Police Check on file. As skaters develop, a parent may step off the ice depending on skater's ability.

U7- 2 ice times per week and each association will run independently.

U8&9 - 2 ice times per week - games to start in the new year within bubbles

U11 - U18 - In bubbles of up to 50 (up to 5 teams) play 3 vs 3, one home game and one away game plus one practice ice in teams home arena each week (home teams within same bubble).

If numbers allow, increase to 4 vs 4 if coaches decide in each division. Each team will have up to 5 bench staff out for practices to a max of 25 on ice. Only a coach and trainer on the bench for games.

Each team will have a Manager responsible for the COVID-19 protocol who will report to the COVID-19 Representative on each board. First 2 weeks are skills within tiered bubbles in home centre (or until stage 3c). Skills and practices will follow the OHF outlined practices to ensure social distancing is followed. Head coach of each association will ensure that the coaches at each level are given copies of the practice plans. **See OHF practice plans.**

10 - 12 games - 1 home and 1 away

No gate fees

One referee per game - payment out of registration fees

One hour ice slots - including flood and cleaning time

Electronic game sheets will be used

Bubbles

U5 KMHA
Team 1 - 10 players
Team 2 - 10 players

U5 LMHA
Team 1 - 8 players

U7 KMHA Tier 2
Team 1 - 7 players
Team 2 - 7 players
Team 3 - 7 players
Team 4 - 8 players

U7 LMHA Tier 2
Team 1 - 8 players
Team 2 - 8 players
Team 3 - 8 players

U8 KMHA Tier 2	U8 LMHA Tier 2
Team 1 - 8 players	Team 1 - 9 players
Team 2 - 9 players	

U9 KMHA Tier 2	U9 LMHA Tier 2
Team 1 - 7 players	Team 1 - 9 players
Team 2 - 7 players	Team 2 - 9 players

U11 KMHA Tier 1	U11 LMHA Tier 1
Team 1 - 7 players plus a goalie	Team 1 - 8 players plus goalie
Team 2 - 7 players plus a goalie	Team 2 - 8 players plus shared goalie within bubble
	Team 3 - 8 players plus a goalie

U11 KMHA Tier 2	U11 LMHA Tier 2
Team 1 - 7 players plus a goalie	Team 1 - 9 plus a goalie
Team 2 - 8 players plus a goalie	Team 2 - 8 plus a goalie
Team 3 - 8 players plus a goalie	

U13 KMHA Tier 1	U13 LMHA Tier 1
Team 1 - 6 players plus a goalie	Team 1 - 7 players plus a goalie
Team 2 - 6 players plus a goalie	Team 2 - 7 players plus a goalie
	Team 3 - 7 players plus a goalie

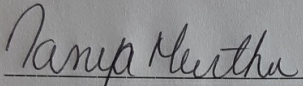
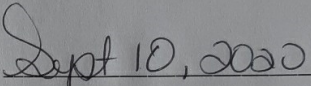
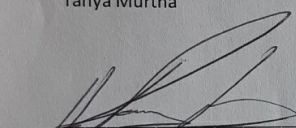
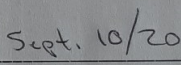
U13 KMHA Tier 2	U13 LMHA Tier 2
Team 1 - 6 players plus a goalie	Team 1 - 8 players plus a goalie
Team 2 - 7 players plus a goalie	Team 2 - 7 players plus a goalie

U15 KMHA Tier 1	U15 LMHA Tier 1
Team 1 - 8 players plus a goalie	Team 1 - 7 players plus a goalie
Team 2 - 7 players plus a goalie	Team 2 - 7 players plus a goalie

U15 KMHA Tier 2	U15 LMHA Tier 2
Team 1 - 6 players plus a goalie	Team 1 - 8 players plus a goalie
Team 2 - 6 players used LMHA goalie	Team 2 - 6 players plus a goalie
	Plus a goalie to share with KMHA

U18 KMHA Tier 1	U18 LMHA Tier 1
Team 1 - 9 Players plus a goalie	Team 1 - 7 players plus a goalie
Team 2 - 9 players plus a goalie	Team 2 - 8 players shared goalie
	Team 3 - 9 players shared goalie

Both Kawartha Minor Hockey Association and Lindsay Minor Hockey Association have worked together to create this document. Both boards separately voted in favour of the partnership for the 2020/2021 return to hockey season.

 Tanya Murtha	 Date	
 Paul Duncan	 Date	

Appendix A: City of Kawartha Lakes Ice Use Protocols - Phase 2



City of Kawartha Lakes Ice Use Protocols – Phase 2

Effective October 1, 2020

As the COVID-19 (Coronavirus) outbreak continues to evolve, health and safety is our number one priority. Proactive measures to prepare for and respond to COVID-19 in our community have been identified. To ensure the health and safety of the community cooperation is required from everyone.

Measures being put in place include, but are not limited to, the following:

- Self screening before entering the facility
- Hand sanitization upon entry and exit of the facility
- Restrictions on the number of participants and spectators per ice pad
- One-way entrance into the facility and designated exits using directional floor markers to support physical distancing
- Enhanced cleaning of the facility following each ice rental
- No access to the general public
- Designated COVID-19 Representative provided by each ice user group
- Canteen and Pro-shop will may be open for business

In order to ensure a safe return to facility utilization the following protocols have been adopted for ice user groups, participants and spectators. These protocols, along with the directives outlined in the Framework for Reopening our Province during Stage 3, must to be adhered to. If these protocols are not followed user groups are at risk of losing booking privileges.

Ice Use Protocols - Phase 2

- Mask/face covering must be worn while in the facility, except for on-ice activity. Bench staff must wear a mask/face covering. All spectators must wear a mask/face covering.
- Follow facility traffic flow plan. Signage and physical distancing markers have been posted.
- Arrive ready to enter the facility no earlier than 10 minutes prior to contracted ice time. Depart the facility no longer than 10 minutes after contracted ice time.

- Arrive partially dressed and enter the assigned dressing room to prepare to go on the ice.
- Showers will not be available for use in the dressing rooms.
- Mask/face covering must be worn while in the dressing room. Physical distancing must be maintained while in the dressing room. Physical distancing markers have been posted.
- Two dressing rooms will be assigned per ice time booking.
- For participants 10 years of age and younger one parent/assistant can enter the facility to help put on/remove skates and helmet.
- A limit of 25 spectators will be permitted per ice time. It is suggested that the spectators consist of one person per on-ice participant. Spectators must physical distance and adhere to the posted markers.
- No loitering in any area of the facility. Spectators must vacate the facility immediately upon completion of the participant ice time. (This does not include those that are helping a participant 10 or under.)
- All user groups must record attendance (participants, participant assistants, spectators, officials, bench staff) for each ice rental. This list may be requested by City staff or Health Unit officials at any time for contact tracing.
- No more than 25 participants including all coaching staff are permitted on the ice.
- Off ice warm-up activities are not permitted within the facility.
- No outside food permitted. Individual water bottles are permitted.

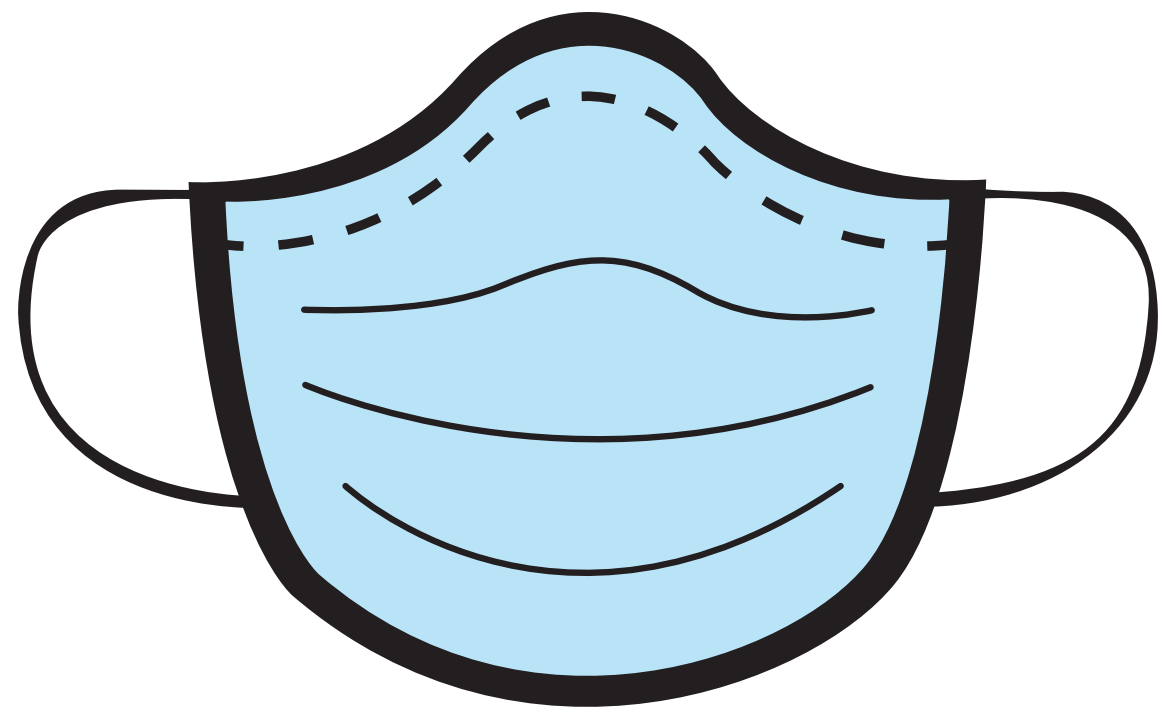
It is recommended that program/league administrators complete a plan to reduce the risk of transmission of COVID-19 among the attendees of your organized sport or recreation activities. The local health unit (www.hkpr.on.ca) has developed a checklist to support you in creating your plan. The final plan should be shared with all participants (athletes, parents or guardians, coaches, volunteers, spectators) via easily accessible platforms (e.g. public-facing website or social media page, newsletter, included with registration, etc). Municipal staff may request a copy of your plan prior to or during your contracted ice time.

Appendix B: Emily-Omemee Community Centre Map

Emily/Omemee Community Centre ARENA TRAFFIC FLOW

Phase 1 (no spectators)

Drop-off/Pick-up only. Unless 10 & under assisted drop-off/pick-up. Please follow traffic flow, wear a mask/face covering at all times.



Masks/Face coverings must be worn at all times.

Masks/Face coverings aren't necessary while skating on Ice Pad.



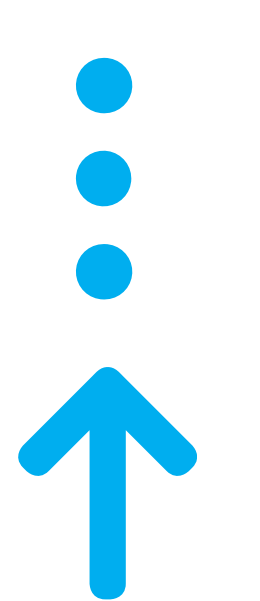
Put skates on here.



Take skates off here.

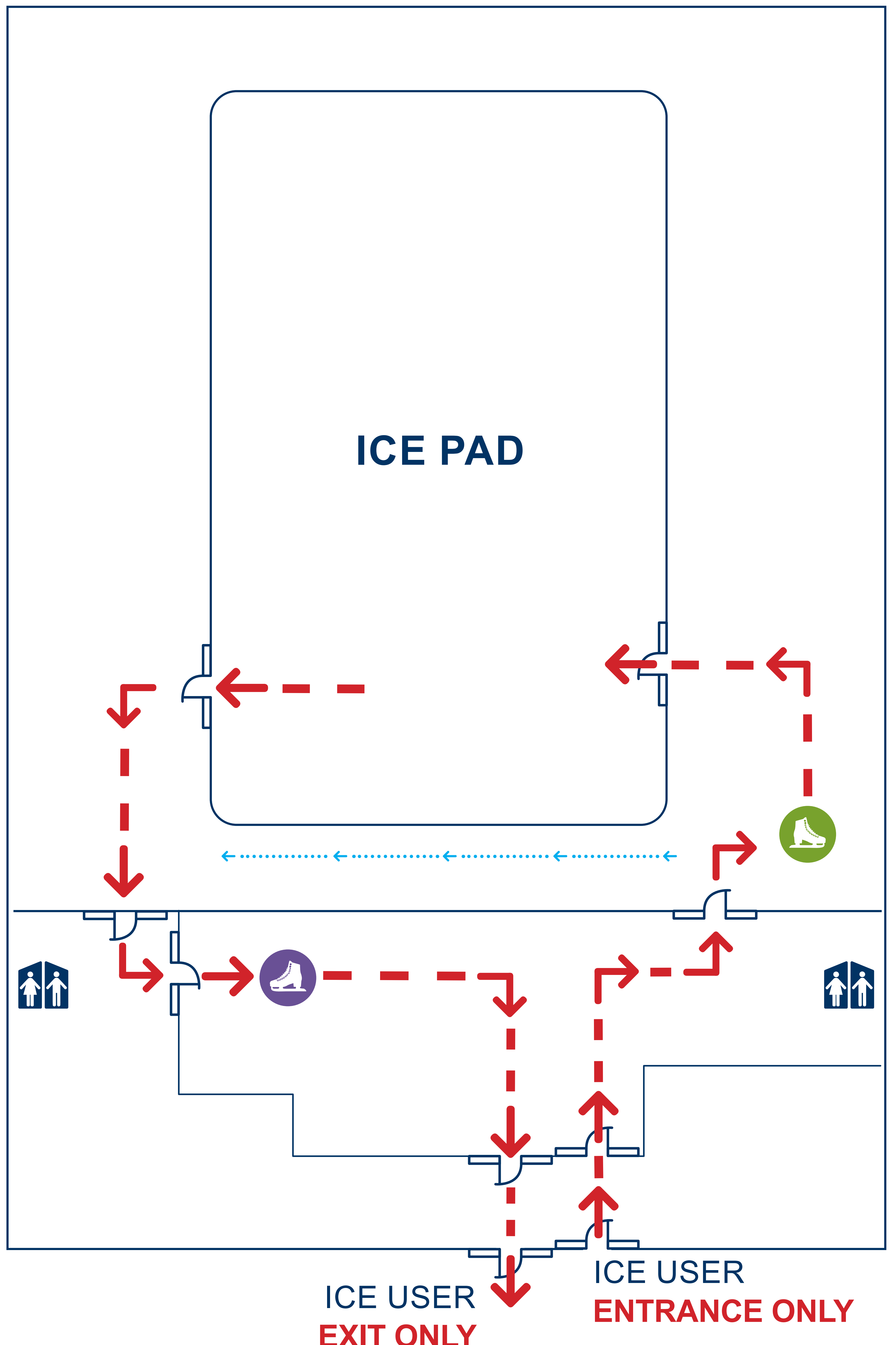


Washrooms.



10 & under assisted drop-off/pick-up traffic flow. **Wear mask/face covering at all times.**

One-way traffic only. Stay six feet apart.

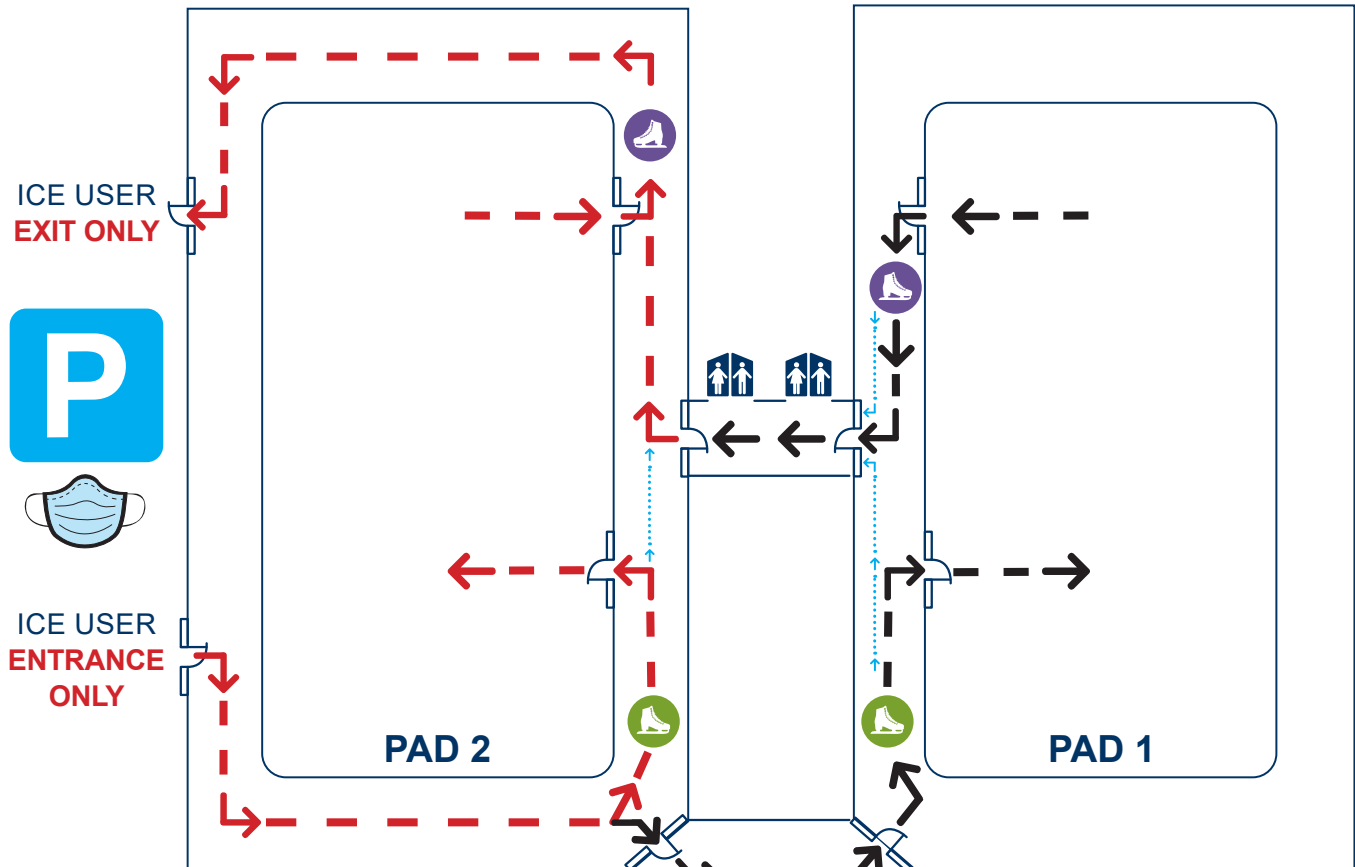


Appendix C: Lindsay Recreation Centre Map

Lindsay Recreation Complex ARENA TRAFFIC FLOW

Phase 1 (no spectators)





Drop-off/Pick-up only. Unless 10 & under assisted drop-off/pick-up. Please follow traffic flow, wear a mask/face covering at all times.



ICE USER
ENTRANCE
ONLY

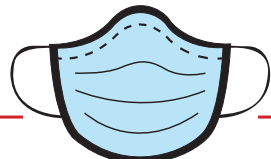
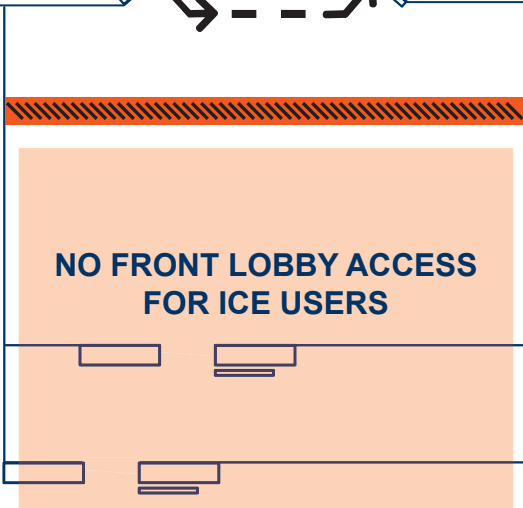
PAD 2

PAD 1

-  Put skates on here.
-  Take skates off here.
-  Washrooms.
-  10 & under assisted drop-off/pick-up traffic flow. **Wear mask/face covering at all times.**
-  Front Lobby Barricade.
-  Ice user group parking.

One-way traffic only. Stay six feet apart.





Masks/Face coverings must be worn at all times.
Masks/Face coverings aren't necessary while skating on Pad 1 or Pad 2.

Appendix D: OHF In Session Health Screening

ONTARIO HOCKEY FEDERATION

Session Participation Tracking

All participants/coaches/instructors are expected to complete Health Screening prior to each participation in on-ice activity. The Health Screening may be completed verbally.

By indicating YES in the chart below, you confirm that this Health Screening was passed.

The expectation is that a tracking sheet must exist for each on-ice session to facilitate contact tracing in the event of a COVID-19 exposure.

Session Location	Ice Pad	Date	Time

	Name of each individual included in this session Please list all coaches, instructors and participants	Contact Phone Number	Health Screening Pass (Yes or No)
01			
02			
03			
04			
05			
06			
07			
08			
09			
10			
11			
12			
13			
14			
	Name of each individual included in this session Please list all coaches, instructors and participants	Contact Phone Number	Health Screening Pass (Yes or No)
15			
16			
17			
18			

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Session Participation Tracking

19			
20			
21			
22			
23			
24			
25			

Appendix E: OHF Health Screening Questionnaire



ONTARIO HOCKEY FEDERATION

Health Screening Questionnaire

This questionnaire must be completed by each individual prior to participation in each on-ice or off-ice activity. This questionnaire may be completed verbally.

Are you currently experiencing any of these issues? Call 911 if you are.

1. Severe difficulty breathing (struggling for each breath, can only speak in single words)
2. Severe chest pain (constant tightness or crushing sensation)
3. Feeling confused or unsure of where you are
4. Losing consciousness

If you are in any of the following at risk groups, we ask that you speak with your physician prior to participating.

1. 70 years old or older
2. Getting treatment that compromises (weakens) your immune system (for example, chemotherapy, medication for transplants, corticosteroids, TNF inhibitors)
3. Having a condition that compromises (weakens) your immune system (for example, diabetes, emphysema, asthma, heart condition)
4. Regularly going to a hospital or health care setting for a treatment (for example, dialysis, surgery, cancer treatment)

The answer to all questions must be “No” in order to participate in any and all activity.

1. Are you currently experiencing any of these symptoms?

Do you have a fever? (Feeling hot to the touch, a temperature of 37.8C or higher)

Yes No

Chills

Yes No

Cough that's new or worsening (*continuous, more than usual*)

Yes No

Barking cough, making a whistling noise when breathing (croup)

Yes No

Shortness of breath (out of breath, unable to breathe deeply)

Yes No

ONTARIO HOCKEY FEDERATION

Health Screening Questionnaire

Sore throat

Yes No

Difficulty swallowing

Yes No

Runny nose, sneezing or nasal congestion (*not related to seasonal allergies or other known causes or conditions*)

Yes No

Lost sense of taste or smell

Yes No

Pink eye (conjunctivitis)

Yes No

Headache that's unusual or long lasting

Yes No

Digestive issues (nausea/vomiting, diarrhea, stomach pain)

Yes No

Muscle aches

Yes No

Extreme tiredness that is unusual (fatigue, lack of energy)

Yes No

Falling down often

Yes No

For young children and infants: sluggishness or lack of appetite

Yes No



ONTARIO HOCKEY FEDERATION

Health Screening Questionnaire

For the remaining questions, close physical contact means:

Being less than 2 metres away in the same room, workspace, or area for over 15 minutes

Living in the same home

2. In the last 14 days, have you been in close physical contact with someone who tested positive for COVID-19? Close physical contact means:

Yes No

3. In the last 14 days, have you been in close physical contact with a person who either:

Is currently sick with a new cough, fever, or difficulty breathing; OR

Returned from outside of Canada in the last 2 weeks?

Yes No

4. Have you travelled outside of Canada in the last 14 days?

Yes No

If an individual has answered “Yes” to any of these questions, they are not permitted to participate in any on-ice or off-ice activities.

Please note: This Health Screening questionnaire has been developed based on the Ontario Ministry of Health Self-Assessment Tool (June 17, 2020).